AIIMS Bathinda Observes World Diabetes Day 2026

Theme: "Early Action on Diabetes"

The Department of Nursing Services, All India Institute of Medical Sciences (AIIMS), Bathinda, organized a Continuing Nursing Education (CNE) programme on the occasion of World Diabetes Day 2026, on 14th November 2026 at 11:00 AM in the Demonstration Room, 2D Gastroenterology Ward, IPD Building, AIIMS Bathinda.

The programme was organized with the theme "Early Action on Diabetes", highlighting the importance of early detection, timely intervention, prevention, and effective management of diabetes.

The programme was held under the patronage of Prof. Dr. Ratan Gupta Sir, Executive Director, AIIMS Bathinda, with Prof. Dr. Lajya Devi Goyal ma'am, Dean Academics, and Prof. Dr. Rajiv Kumar Sir, Medical Superintendent, as Co-Patrons.

Ms. Nagdeep Kaur, OIC Nursing, served as the Organizing Chairperson. The organizing Secretary comprised Mr. Mohsin Khan (Senior Nursing Officer) and Ms. Lalita (Senior Nursing Officer).

The educational sessions were delivered by Ms. Anita (Nursing Officer) and Mr. Barkat Ullah Khan (Nursing Officer). The speakers highlighted the importance of recognizing early warning signs of diabetes, understanding its risk factors, adopting healthy lifestyle practices, maintaining a balanced diet, engaging in regular physical activity, and undergoing timely screening and blood glucose monitoring.

The programme aimed to enhance awareness among healthcare professionals regarding the prevention and early management of diabetes and to strengthen their role in educating patients and the community about diabetes care.

The event emphasized that early action, awareness, and lifestyle modification are essential steps towards preventing diabetes-related complications and promoting a healthier society.

The Department of Nursing Services expressed its commitment to continuing such educational initiatives to promote health awareness, preventive healthcare, and quality patient care.