

AIIMS Bathinda Promotes Life-Saving Skills Through School CPR Awareness Programme

The Department of Anaesthesiology, **AIIMS Bathinda**, under the leadership of Honorary Director Prof. (Dr.) Ratan Gupta, Medical Superintendent Prof. (Dr.) Rajiv Kumar, and Head of Department Prof. (Dr.) Anju Grewal, organised an awareness and hands-on training session on **Compression-Only Life Support (COLS)** at St. Joseph's Senior Secondary School, Bathinda, on **14 October 2026**. The programme was conducted in collaboration with the ISCCM Bathinda City Branch, ISA Bathinda City Branch, and the Indian Resuscitation Council Federation (IRCF), as part of the *School CPR Programme* commemorating **World Anaesthesia Day**.

Dr. Jyoti Sharma, Dr. Shashank Paliwal, and Dr. Uma Rathi served as instructors, guiding students through essential life-saving skills and practical techniques to respond to cardiac emergencies. Approximately **250 students from Classes X and XII, along with school teachers**, participated enthusiastically in the programme.

The initiative aimed to empower young people with the knowledge, confidence, and practical skills needed to recognise medical emergencies including cardiac arrest and initiate timely life-saving action. By taking CPR awareness into schools, AIIMS Bathinda reaffirms its commitment to community engagement, health education, and building a more resuscitation-ready society.

Two Hands Can Save Lives! Every Second Counts. Every Citizen Can Make a Difference.

#AIIMSBathinda #WorldAnaesthesiaDay #SchoolCPRProgramme
#CompressionOnlyLifeSupport #COLS #CPRAwareness #SaveLives #IRCF #HealthForAll









