



DEPARTMENT OF PSYCHIATRY
&
INSTITUTE OF NURSING EDUCATION & RESEARCH
AIIMS BATHINDA

Organizes
Symposium
on
World Mental Health Day 2026

Theme:
Lived Experiences Heard: Real Voices, Real Change



Date

17th October 2026



Time

9 AM – 1 PM



Venue

Auditorium, AIIMS Bathinda



Prof. (Dr.) Ratan Gupta
Executive Director
AIIMS Bathinda



Prof. (Dr.) Lajya Devi Goyal
Dean Academics
AIIMS Bathinda



Prof. (Dr.) Rajiv Kumar
Medical Superintendent
AIIMS Bathinda



Prof. (Dr.) Akhilesh Pathak
Dean Research
AIIMS Bathinda



Prof. (Dr.) Gitanjali
Dean Examination
AIIMS Bathinda



Prof. (Dr.) Gurvinder Pal Singh,
Head of the Department Psychiatry
AIIMS Bathinda



Prof. (Dr.) Kamlesh K Sharma,
Professor & Principal
INER, AIIMS Bathinda





World Mental Health Week 2026



Week Long Activities – Tentative Schedule

Date	Activity	Venue	Faculty Coordinator
10.10.2026 (Saturday)	Poster Making / Slogan Writing	IPD Psychiatry	Dr Manmeet Kaur Brar Assistant Professor, Department of Psychiatry, AIIMS Bathinda
11.10.2026 (Sunday)	Marathon / Walkathon	AIIMS Campus	Dr Bharat Udey, Associate Professor, Department of Psychiatry, AIIMS Bathinda
12.10.2026 (Monday)	Mental Health Awareness Quiz	INER, AIIMS Bathinda	Mr Atul Sharma Assistant Professor INER AIIMS Bathinda
13.10.2026 (Tuesday)	Role Play / Nukkad Natak	OPD/IPD, AIIMS Bathinda	Mr Atul Sharma Assistant Professor INER AIIMS Bathinda Mr Pradeep Kumar Nursing Tutor, INER, AIIMS Bathinda
14.10.2026 (Wednesday)	Mental Health Screening Booth, at Talwandi Sabo	Gurudwara Area, Talwandi Sabo	Department of Psychiatry and Faculty from INER
15.10.2026 (Thursday)	Positive Message Wall, Essay Competition	OPD / Registration, AIIMS Bathinda	Dr Pranab Das Yoga Teacher, AIIMS Bathinda Dr Jawahar Singh Associate Professor, Department of Psychiatry, AIIMS Bathinda
16.10.2026 (Friday)	One Minute one topic on theme (Poem/Story/Experience etc)	INER, AIIMS Bathinda	Faculty from AIIMS Bathinda / INER
17.10.2026 (Saturday)	Rangoli, Pledge & Symposium	Auditorium, AIIMS Bathinda	Faculty from Department of Psychiatry and INER