

DEPARTMENT OF PSYCHIATRY



Presents

GATEKEEPER TRAINING for LEARNING BASIC SKILLS of SUICIDE PREVENTION



28 March 2026
(Saturday)

PARTICIPANTS

- Faculty
- Nursing Officers
- Staff



WORKSHOP: CONFERENCE HALL- 2
AUDITORIUM COMPLEX

All India Institute of Medical Sciences Bathinda

Timing -

Registration & Inauguration (9:00 AM to 10 AM)

First Session (10:00 AM to 01:00 PM)

Second Session (2:00 PM to 5:00 PM)



GATEKEEPER TRAINING FOR LEARNING BASIC SKILLS OF SUICIDE PREVENTION



Chief Patron
Prof. Neerja Bhatla
President
AIIMS Bathinda



Patron
Prof. Ratan Gupta
Executive Director
AIIMS Bathinda



Co-Patron
Prof. Akhilesh Pathak
Dean (Academic)
AIIMS Bathinda



Co-Patron
Prof. Rajiv Kumar
Medical Superintendent
AIIMS Bathinda



Organizing Chairperson
Prof. Gurvinder Pal Singh
Head Department of Psychiatry
AIIMS Bathinda

ACADEMIC ADVISORY COMMITTEE



Dr Pankaj Verma
Prof and Head
Department of Psychiatry
VMMC and Safdarjung Hospital
New Delhi



Dr Shiv Prasad
Prof and Head
Department of Psychiatry
Lady Harding Medical College and Hospital
New Delhi



Dr. Pravin Pisudde
Additional Prof
Department of Community & Family Medicine
All India Institute of Medical Sciences
Bathinda

ORGANIZING TEAM



Dr. Jitender Aneja
Additional Professor (Psychiatry)
AIIMS Bathinda



Dr. Bharat Udey
Associate Professor (Psychiatry)
AIIMS Bathinda



Dr. Jawahar Singh
Associate Professor (Psychiatry)
AIIMS Bathinda



Dr. Manmeet Kaur
Assistant Professor (Psychiatry)
AIIMS Bathinda

For more information/help contact Department of Psychiatry OPD B Block 1st Floor, AIIMS Bathinda

Tele MANAS: Toll-Free Mental Health Helpline Number: 14416

GATEKEEPER TRAINING PROGRAMME ON SUICIDE PREVENTION

AIIMS Bathinda – Full-Day Schedule (Proposed)

INAUGURATION & INTRODUCTORY SESSION

- **9:00 – 9:05 AM**
Welcome of dignitaries and participants and Lighting of the lamp
- **9:05 – 9:07 AM**
Shabad Kirtan
- **9:07 – 9:10 AM**
Introduction of workshop by *Prof Gurvinder Pal Singh (HOD, Psychiatry)*, **Keynote on Suicide Prevention & Institutional Role**
- **9:10 – 9:15 AM**
Inauguration Speech by *Dean, AIIMS Bathinda*
- **9:15 – 9:20 AM**
Address by *Medical Superintendent (MS) AIIMS Bathinda*
- **9:20 – 9:30 AM**
Address by *Executive Director, AIIMS Bathinda*
- **9:35 – 9:45 AM**
Overview of Gatekeeper Training Programme, objectives, schedule, expected outcomes by *Dr. Bharat Udey*
- **9:45 – 10:00 AM**
Group photo/Participants settle into workshop conference Hall -2 in auditorium complex AIIMS Bathinda

WORKSHOP – 1 (10:00 AM to 01:00 PM)

“Gatekeeper Skills for Suicide Prevention: Identification of Warning signs, Response to Self-harm & referral mechanism and support”

01:00 PM – 02:00 PM | TEA BREAK

WORKSHOP – 2 (02:00 PM to 05:00 PM)

“Gatekeeper Skills for Suicide Prevention: Identification of Warning signs, Response to Self-harm & Referral mechanism and support”

05:00 – 05:10 PM | VALEDICTORY SESSION

- **05:00 – 05:10 PM**
Feedback from participants/Distribution of certificates by *Dr. Jitender Aneja*
- **05:10 – 05:15 PM**
Vote of Thanks by *Dr. Jitender Aneja/ Dr. Jawahar Singh*