

Swasth Nari Sashakt PariVaar Abhiyaan

(17TH Sept- 02nd Oct. 2025)



Dr. Neerja Bhatia
President
AIIMS, Bathinda



Prof. (Dr.) Meenu Singh
Executive Director
AIIMS, Bathinda



Lt. Col. Rajeev Sen Roy
Deputy Director
AIIMS, Bathinda



Prof. (Dr.) Akhilesh Pathak
Professor & Dean Academics
AIIMS, Bathinda



Prof. (Dr.) Rajiv Kumar
Medical Superintendent
AIIMS, Bathinda



Prof. (Dr.) Lajya Devi Goyal
Nodal Officer
AIIMS, Bathinda

Swasth Nari Sashakt Parivaar Abhiyaan

17th Sep – 2nd Oct



Participating Department

- Department of Obstetrics & Gynecology
- Department of General Surgery
- Department of Dentistry
- Department of Community & Family Medicine
- Department of Transfusion Medicine & Blood Bank
- Department of Pediatrics
- Department of Ophthalmology
- Department of Pathology
- Department of Biochemistry
- Department of INER

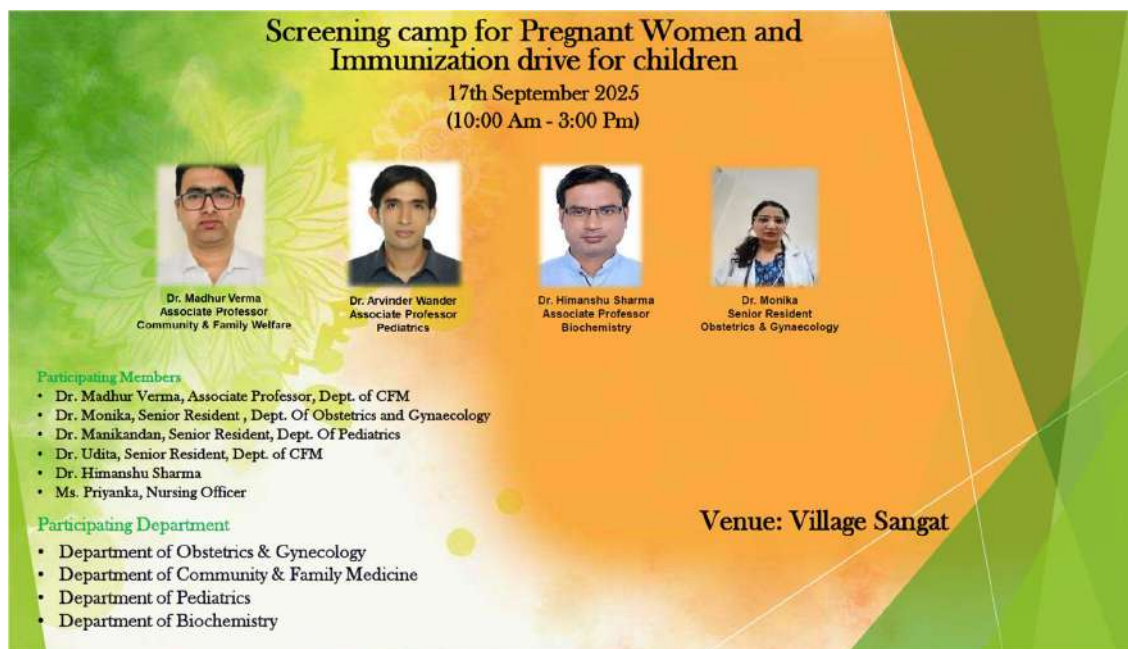
Organized by AIIMS Bathinda

Services provided to Women and Children:

- Screening for Hypertension, Diabetes, and Oral Cancer, Breast cancer, And Cervical cancer for women.
- Screening for anemia and sickle cell disease for women and adolescent girls and children.
- Vaccination drive for Children.
- Blood Donation Camps and Pledge.

Event Schedule

| Date | Event | Faculty |
|---------------------------|--|---|
| 17th Sep 2025 | Screening camp for Pregnant Women and Immunization drive for children, Sangat | Dr. Arvinder Wander, Dr. Madhur Verma, Dr. Himanshu Sharma, Dr. Monika |
| 18th Sep 2025 | Menstrual Hygiene and Anemia Screening for Adolescent Girls Lal Singh Basti Secondary School | Dr. Neena, Dr. Kamlesh K Sharma, Dr. Simarjeet Kaur, Ms. Priyanka |
| 21st Sep 2025 | Mega Camp at Kaile Bander for Breast Cancer, Oral Cancer, Cervical Cancer, Screening for Anaemia, Diabetes & Blood pressure test, and Eye Check Up at Village Kaile Bander | Dr. Mahendra Pratap Singh, Dr. Shailendra Rana, Prof. Dr. Lajya Devi Goyal, Prof. Dr. Anuradha Raj, Dr. Arvinder Wander, Dr. Kamlesh K Sharma |
| 22nd Sep 2025 | School Visit for Menstrual Hygiene nutrition, screening for adolescent girls, Adarsh Sec. School | Dr. Kamlesh Kumari Sharma, Dr. Nishu, Ms. Priyanka |
| 23rd Sep 2025 | Screening of Pregnant Women Children's Anemia, District Hospital, Bathinda | Dr. Arvinder Wander, Dr. Archana, Dr. Priyanka |
| 24 th Sep 2025 | Camp Anemia Screening and Immunization Services covering the vaccine doses for children at Urban Health Centre, Bathinda | Dr. Manjit Kaur, Dr. Madhur Verma, Dr. Arvinder Wander |
| 25 th Sep 2025 | Mega Camp at Moga for Breast Cancer, Oral Cancer, Cervical Cancer, Screening for Anemia, Diabetes & Blood Pressure test, and Eye Allergies at Moga | Dr. Mahendra Pratap Singh, Dr. Shailendra Rana, Dr. Arvinder Wander, Dr. Nishu, Dr. Madhur Verma, Dr. Tarun Kumar Singh |
| 27 th Sep 2025 | Mega Camp at Military Station, Bathinda for Breast Cancer, Oral Cancer, Cervical Cancer, Screening for Anemia, Diabetes & Blood Pressure test, at Janta Nagar, Bathinda | Dr. Mahendra Pratap Singh, Dr. Shailendra Rana, Dr. Balpreet Kaur, & Dr. Arvinder Wander, Dr. Tarun Kumar Singh |
| 28 th Sep 2025 | Blood Donation Camp and Pledge on Blood Donation at Budhlada, Mansa | Dr. Sirat |
| 30 th Sep 2025 | Menstrual Hygiene and Anemia Screening for Adolescent Girls at District Hospital, Bathinda | Dr. Gitanjali, Dr. Arvinder Wander, Dr. Priyanka |
| 1 st Oct 2025 | Blood Donation Camp at AIIMS, Bathinda | Dr. Sirat |
| 2 nd Oct 2025 | Pledge on Blood Donation at AIIMS, Bathinda | Dr. Sirat |



17.09.2025

Total Footfall = 65

On 17 September 2025, AIIMS Bathinda celebrated the Swasth Nari Sashakt Parivar Abhiyaan at Community Healthcare Centre Sangat, where the following activities were organized:

1. A healthy baby competition for children under 2 years old. Based on a set checklist and anthropometry, the top 3 "healthy babies" were announced and felicitated.
 2. Health talks by Senior Residents of the departments of Community and Family Medicine, Obstetrics and Gynaecology, and Pediatrics, covering topics such as antenatal care, newborn care, dietary requirements, importance of immunization, and high-risk pregnancies.
 3. Patient consultations by all three Senior Residents.
 4. A nukkad natak performed by a volunteer group.
 5. A total of 62 women participated in this camp, among whom 16 were antenatal. The program was organized under the able leadership of Dr. Lajya Devi Goyal, Professor & Head, Department of Obstetrics and Gynaecology, and Dr. Kamlesh K. Sharma, Principal of INER. Overall, the event was well-received and appreciated by all observers and participants.
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18.09.2025

Update on 'Swasth Nari Sashakt Parivar Abhiyan' **on 18 Sep 2025:**

Total Footfall = 60.

Celebrating the Swasth Nari, Sashakt Prarivaar Abhiyaan, was Obstetrics and Gynaecology Department and institute of nursing education and research (INER) carried out following activities for adolescent girls and reproductive age group women:

- Awareness on Menstrual hygiene
- Nutrition Education
- Screening for: Anaemia, hypertension, diabetes. Ht and weight too was recorded
- the program was appreciated by all

Specialist/Doctors

- Prof. (Dr). Kamesh Kumari Sharma, INER
- Dr. Neena, Associate Professor, Department of Gynaecology
- Dr. Soumya Swaroop Sahoo, Department of Community & Family Medicine

Participating Departments

- Department of Obstetrics & Gynaecology
- Department of INER
- Department of Community & Family Medicine

























19.09.2025

Total Footfall = 200

Under the Swasthya Nari Sashakat Parivar Abhiyan, 2025 started from 17 Sept -2Oct 2025, an Educational Workshop on Menstrual Hygiene, Nutrition and Screening of Anaemia for Adolescent girls was organised on 19/09/2025 by Obstetrics and Gynaecology (OBG) department in collaboration with Institute of Nursing Education and Research (INER). The awareness program for young adult females on menstrual hygiene, iron deficiency anemia, breast self-examination, and Polycystic Ovary Disorder (PCOD) was held at Maharaja Ranjeet Singh Technical College in Bathinda.

The program was organised under the able leadership of Dr Lajya Devi Goyal Professor & Head Department of Obstetrics and Gynaecology and Dr. Kamlesh K. Sharma, Principal of INER, AIIMS Bathinda. Dr. Sanjeev Kumar, Vice Chancellor of MRSTU Bathinda, graced the occasion and appreciated the efforts of the organizing team for their initiative in promoting health awareness among young females.

Key Highlights of the event:

1. Health Screenings: Young adult females were screened for BMI, haemoglobin (Hb) estimation, random blood sugar (RBS), and blood pressure (BP).
2. Awareness Sessions: Educational sessions were conducted on menstrual hygiene, iron deficiency anemia, breast self-examination, and PCOD, empowering participants with essential health knowledge.

Around 200 young adult females have participated in this event. a total 157 young adult females were screened for diabetes and all 200 were screened for breast cancer, anemia, PCOD.

The event was a significant step towards empowering young females with knowledge and tools to take charge of their health. The collaboration between the OBG department and INER at AIIMS Bathinda demonstrated the institution's commitment to community health and education.











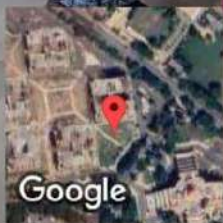


Bathinda, Punjab, India 🇮🇳

Mrsptu Campus, Lal Singh Nagar, Bathinda, Punjab 151001, India

Lat 30.175864° Long 74.923067°

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Google

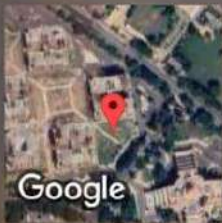
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Bathinda, Punjab, India 🇮🇳


Mrsptu Campus, Lal Singh Nagar, Bathinda, Punjab 151001, India


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Mega Camp For Women and Children
21st September 2025
(10:00 Am - 3:00 Pm)


Prof. (Dr.) Laxmi Devi Goyal
Prof & Head
Obstetrics & Gynecology


Prof. Dr. Anuradha Raj
Prof. & Head
Ophthalmology


Dr. Kamlesh Sharma
Principal cum Professor
INER


Dr. Mahendra Pratap Singh
Additional Professor & Head
General Surgery


Dr. Shalendra Rana
Associate Professor
Dentistry


Dr. Arvinder Winder
Associate Professor
Pediatrics

Multi – Disciplinary Medical Camp for Women, Children and Adolescent Girls, Screening for Diabetes and Screening for Cancer

Participating Department

- Department of Obstetrics & Gynecology
- Department of General Surgery
- Department of Dentistry
- Department of Community & Family Welfare
- Department of Biochemistry
- Department of Pediatrics
- Department of Ophthalmology
- Department of INER

Venue: Village- Kaile Bander

Coordinator : Mr. Ajay Pal
Sewa Bharti

21.09.2025

Total Footfall = 163 (Male = 7, Female = 156)

Screening (Cancer, Diabetes, Hypertension, Sickle Cell)

A screening camp was conducted for cancer, diabetes, hypertension, and sickle cell. The participants received consultations and health check-ups from specialist doctors.


































Postgraduate Department


- Department of Obstetrics & Gynecology
- Department of INER

**School Visit
for
Educational Workshop on Menstrual Hygiene and nutrition and Screening of
Anemia for adolescent girls.**

**22nd September 2025
(10:00 Am - 3:00 Pm)**



Dr. Kamlesh K. Sharma
Principal cum Professor
INER



Dr. Nishu
Associate Professor
Obstetrics & Gynaecology

**Venue:- Adarsh Senior
Secondary School, Bathinda**

All India Institute of Medical Sciences, Bathinda





Dr. Neerja Bhatia
President
AIIMS, Bathinda



Prof. Dr. Meenu Singh
Executive Director
AIIMS, Bathinda



PM Narendra Modi
Service to the people,
India First, the inspiration, 75 years



Lt. Col. Rajeev Sen Roy
Deputy Director
AIIMS, Bathinda



Prof. Dr. Akhilesh Pathak
Dean Academics
AIIMS, Bathinda



Prof. Dr. Rajiv Kumar
Medical Superintendent
AIIMS, Bathinda



Prof. Dr. Lajya Devi Goyal
Nodal Officer
AIIMS, Bathinda

Camp for Women and Children, Screening for Cancer, Anemia, Hypertension, and Diabetes
22nd September 2025
Venue: AIIMS, Bathinda



स्वास्थ्य एवं परिवार
कल्याण मंत्रालय
Ministry of Health &
Family Welfare
स्वास्थ्य एवं परिवार
कल्याण विभाग
Department of Health &
Family Welfare
सत्यमेव जयते



**SWASTH NARI
SASHAKT PARIVAR
ABHIYAAN**
17th September to 2nd October 2025
#SwasthNariSashaktParivar



Government of India
Ministry of Women and
Child Development
सत्यमेव जयते
Organized by AIIMS, Bathinda

22.09.2025

Total Footfall = 800 (Male = 200, Female = 600)

Screening (Cancer, Diabetes, Hypertension, Sickle Cell) and other health check-ups (Hypertension, diabetes, Anaemia, Cervical, Breast & Oral Cancer Screening).

A large-scale screening camp was organized for cancer, diabetes, hypertension, and sickle cell. The participants received health awareness, consultations, and screenings, highlighting the importance of early detection and prevention.



































23.09.2025

Total Footfall = 300

(Hypertension, diabetes, Anaemia, Cervical, Breast & Oral Cancer Screening, anti natal screenings)

All India Institute of Medical sciences Bathinda has organised a medical camp at Civil Hospital Bathinda on 23 /9/2025 as per the initiative taken by Government of India 'Swashth Nari Sashakt Parivar Abhiyaan 2025'. The mega camp was graced by the honourable President AIIMS Dr Neerja Bhatla and Executive Director Dr Meenu Singh. The camp was lead by Professor and Head Dr Lajya Devi Goyal , Department of Obstetrics and Gynaecology AIIMS Bathinda. The aim of holding the medical camp was to screen adolescent girls, antenatal women and women in reproductive and post menopausal age group, especially targeting diseases like anaemia, complications related to pregnancy, pre- cancerous cervical lesions and obesity. The team for this medical camp included Dr. Manjit Kaur Rana, Dr. Balpreet Kaur, Dr. Mandeep Kaur, Dr. Priyanka Singh, Dr. Navpreet Mehra, Dr. Mansi, Ms. Manpreet and Mr. Sanjeev from AIIMS Bathinda. The beneficiaries who attended the camp were around 300.

Honourable President AIIMS Dr Neerja Bhatla had addressed the gathering laying emphasis on importance of HPV Vaccination in young adolescent girls , adequate nutrition before and during pregnancy , importance of regular antenatal check-ups , need for cervical cancer screening through pap smear in women. Dr Meenu Singh highlighted that a healthy

motherhood is a key to a healthy baby and an empowered family. Dr Singh further reiterated the services available at AIIMS Bathinda ranging from blood investigations to advanced procedures like treatment of cancers.

Dr Lajya Devi Goyal maintained that Department of Obs and Gynae at AIIMS Bathinda is catering the high risk Obstetrics cases with very promising outcome , asserting that high risk pregnancies identified at Civil hospital be attached to AIIMS Bathinda for further management.

The team from AIIMS had made all necessary arrangements for collection of blood samples for Anaemia screening, Pap smear testing , screening of antenatal women, newborns and children. Medicines like iron and folic acid tablets , anti helminthic drugs , calcium supplements, multivitamins, necessary antibiotics were provided to the patients by AIIMS.

After screening , the patients requiring tertiary level care will be further managed at AIIMS Bathinda.

AIIMS will be organising a similar camp at Civil hospital in the following week in collaboration with a team from Civil Hospital.









24.09.2025

Total Footfall = 105

(Hypertension, diabetes, Anaemia check-up, Immunization)

On 24th September 2024, under the Swasth Nari Sashakt Parivaar Abhiyaan, a Screening Camp for Anaemia and Immunisation for women and children was organised at the Urban Primary Health Care Centre, Lal Singh Basti. Health awareness sessions were conducted for mothers, children, and their family members, focusing on the symptoms, prevention, and control of anaemia. Haemoglobin levels were tested for all the participants. In addition, mothers and their families were sensitised about the need and importance of immunisation, along with its long-term benefits for individuals as well as the community.







Mega Camp
25th September 2025
(10:00 Am - 3:00 Pm)



Dr. Nisha
Associate Professor
Obstetrics & Gynecology



Dr. Madhus Verma
Associate Professor
Community & Family Welfare



Dr. Mahendra Prasad Singh
Additional Professor & Head
General Surgery



Dr. Shalendra Rana
Associate Professor
Dentistry



Dr. Tarun Kumar Singh
Associate Professor
Dentistry



Dr. Arvind Winder
Associate Professor
Pediatrics

Multi - Disciplinary Medical Camp for Women, Children and Adolescent Girls, Screening for Diabetes and Screening for Cancer

Participating Department

- Department of Obstetrics & Gynecology
- Department of General Surgery
- Department of Dentistry
- Department of Community & Family Welfare
- Department of Pediatrics
- Department of Biochemistry

Venue: Moga
Chief Guest : Prof. Dr. Rajiv Kumar

25.09.2025

Total Footfall = 150

(Hypertension, diabetes, Anaemia, Cervical, Breast & Oral Cancer Screening) ✨

Multidisciplinary Cancer Screening Camp at Moga under Swasth Nari Sashakt Parivaar Abhiyaan ✨

On 25th September 2025, AIIMS Bathinda, in collaboration with Ambuja Cement Foundation and with the support of local stakeholders, organized a multidisciplinary cancer screening camp in Moga as part of the ongoing "Swasth Nari Sashakt Parivaar Abhiyaan" (17th Sept – 2nd Oct).

📌 Nearly 150 patients received consultations from specialists in Obstetrics & Gynecology, General Surgery, Dentistry, Paediatrics and Community & Family Medicine.

📌 The camp also provided haematological and biochemical investigations by the department of pathology.

📌 Medicines were provided to the patients by efforts from our worthy MS, Dr Rajiv Gupta Sir

Gratitude to the organizing team, supporting departments, and all partners who contributed to making this initiative a success. Together, we are building a foundation for a healthier, stronger India. ❤️















27.09.2025

Organ Donation Pledge Under Swasth Nari Sashakt Parivaar
Abhiyaan



The poster features a large purple silhouette of a woman's profile on the left. In the top left corner is the All India Institute of Medical Sciences (AIIMS) logo. In the top right corner is the Government of India emblem and the text 'स्वास्थ्य एवं परिवार कल्याण मंत्रालय' (Ministry of Health and Family Welfare) and 'MINISTRY OF HEALTH AND FAMILY WELFARE'. Below the emblem is the motto 'सत्यमेव जयते'. In the center is a portrait of Prof. Dr. Ratan Gupta, with his name and title 'Executive Director, AIIMS, Bathinda Patron' below it. The main text reads 'Organization of Organ Donation Pledge Under the Swasth Nari Sashakt Parivaar Abhiyaan at OPD Hall AIIMS, Bathinda 27 September 2025 10:00 AM'. Below this, it says 'In the auspicious presence of Prof. Dr. Ratan Gupta, Executive Director, AIIMS, Bathinda'. At the bottom left is an image of hands holding a plate with various organs. The bottom center text says 'ONE ORGAN DONOR CAN SAVE 8 LIVES'. At the bottom right is a purple button with the text 'Be a life saviour !! Take A PLEDGE Today!'.

स्वास्थ्य एवं
परिवार कल्याण मंत्रालय
MINISTRY OF
HEALTH AND
FAMILY WELFARE

सत्यमेव जयते

Prof. Dr. Ratan Gupta
Executive Director, AIIMS, Bathinda
Patron

Organization of Organ Donation Pledge
Under the
Swasth Nari Sashakt Parivaar Abhiyaan

at OPD Hall AIIMS, Bathinda
27 September 2025 10:00 AM

In the auspicious presence of
Prof. Dr. Ratan Gupta, Executive Director, AIIMS, Bathinda

**ONE ORGAN DONOR
CAN SAVE 8 LIVES**

Be a life saviour !!
**Take A
PLEDGE**
Today!

























































27.09.2025

A mega camp was also organized at Janta Nagar, Bathinda with the support of Seva Bharti group. Around 120 underprivileged women and children were screened for anaemia, diabetes and hypertension. Educational activity was done on nutrition prevention of infection and cancers. Director Dr. Ratan Gupta also distributed sweets to the children and emphasized the betterment of health and well-being of children and women with support from AIIMS Bathinda





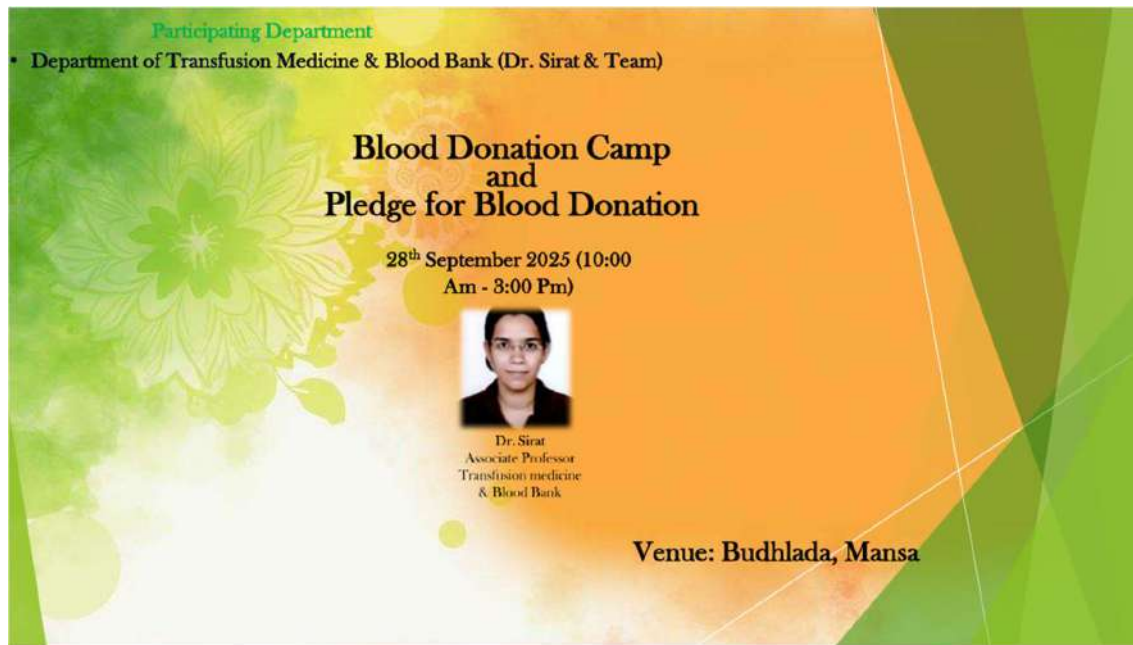










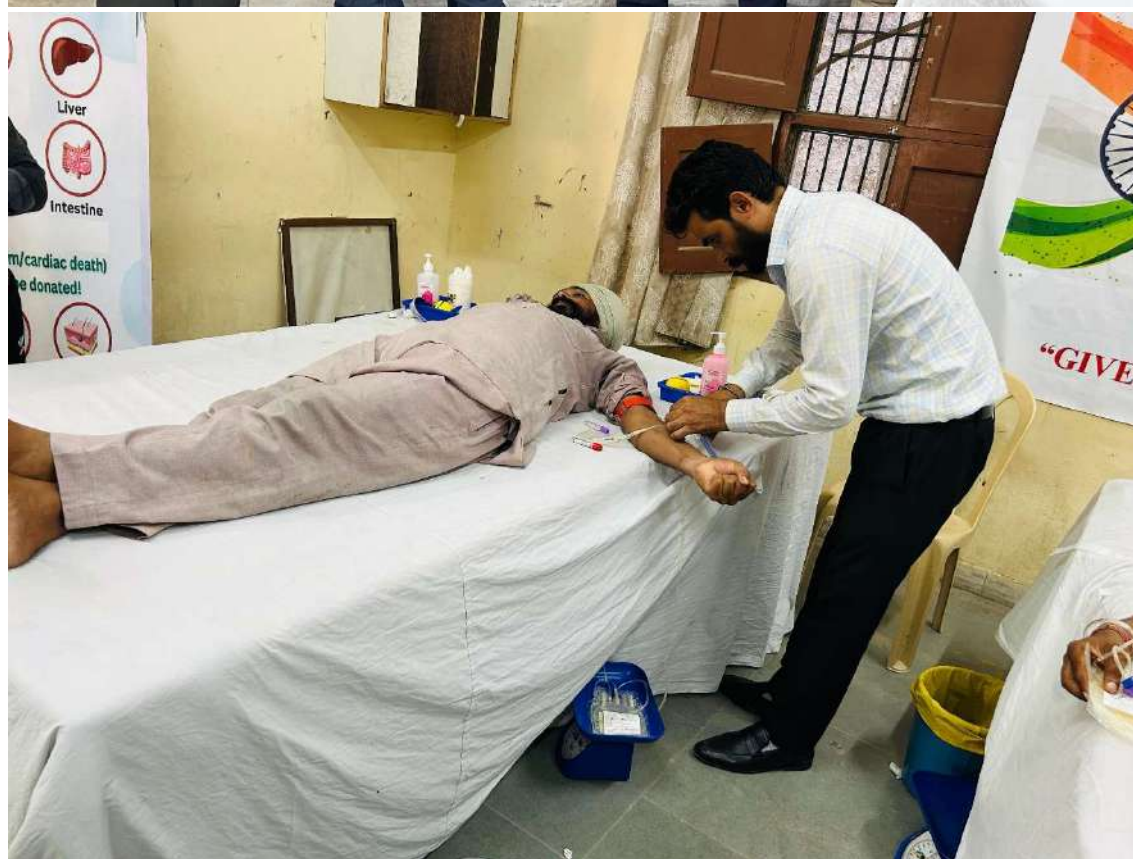


28.09.2025

110 registrations and 78 Blood Donations from Voluntary donors at Budhlada Mansa.













29.09.2025

Pledge by Nursing Personnel & Students

Total Footfall = 180



















30.09.2025

Swasth Naari Sakshat Parivar Abhiyan

Sessions on Menstrual hygiene and Screening Camp for pregnant women & children

Total Footfall= 300

Screening(Cancer, Diabetes, Hypertension, Sickle Cell)
= 250

Anemia, antenatal screening =150



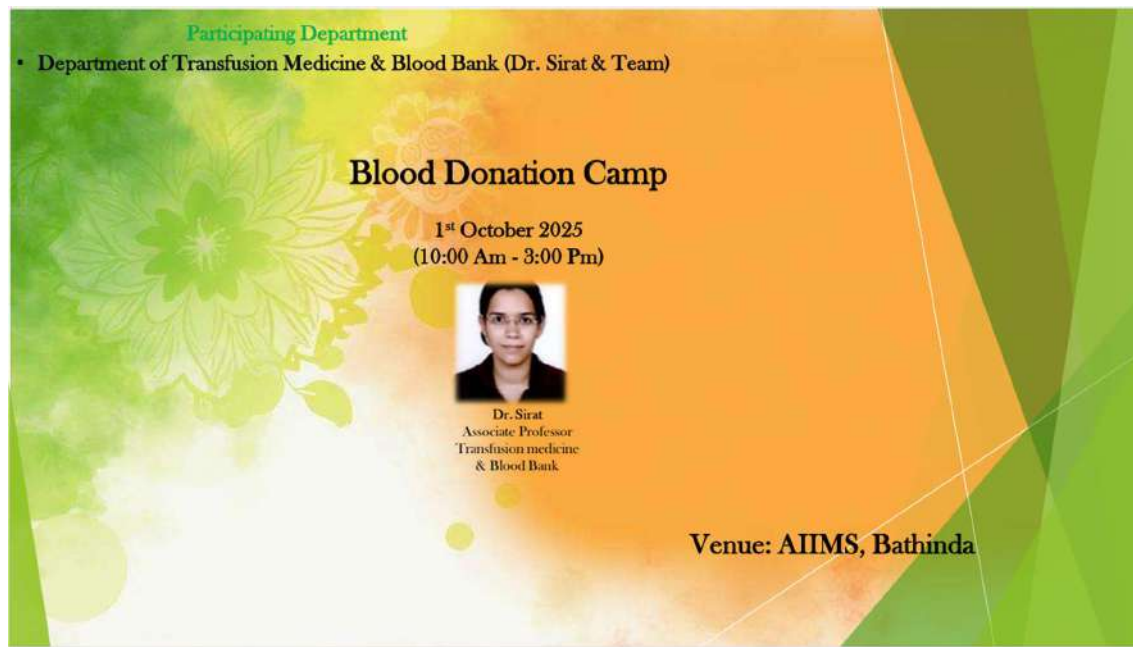












01.10.2025

Blood Donation Camp









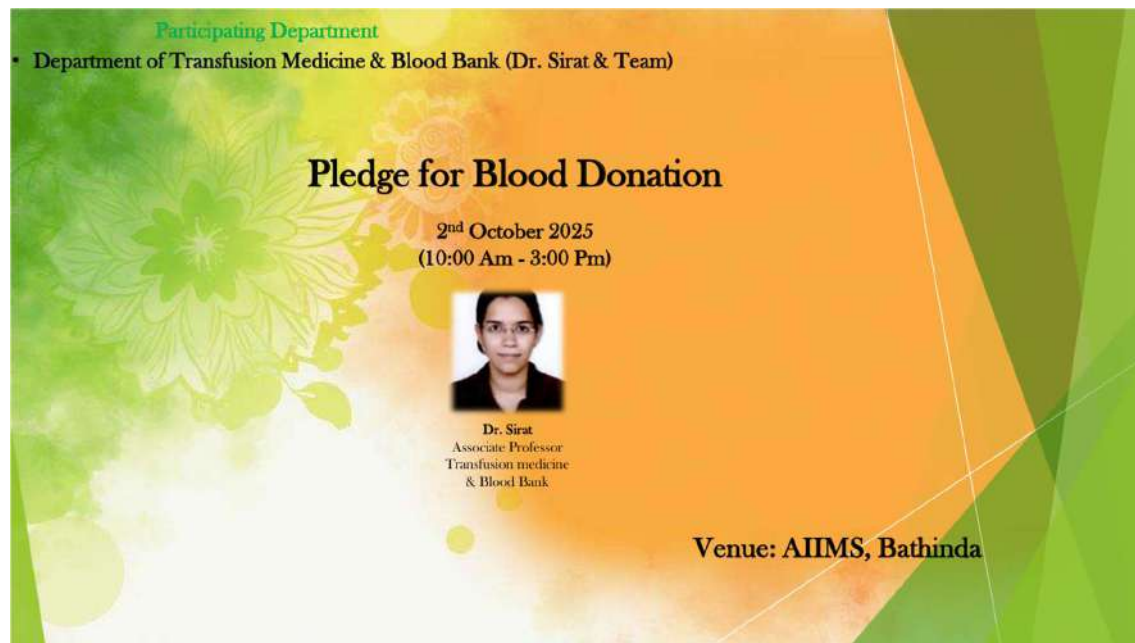












02.10.2025











