

## Patrons



**Dr. D.K. Singh**  
Founding Executive  
Director, AIIMS  
Bathinda



**Dr. Meenu Singh**  
Executive Director,  
AIIMS Bathinda

## Co-Patrons



**Dr. Akhilesh Pathak**  
Dean Academics



**Dr. Rajiv Gupta**  
Medical Superintendent

## Organising Chairpersons



**Dr. Anju Grewal**  
Professor and Head  
Dept. of Anaesthesiology



**Dr. Kamlesh Sharma**  
Professor cum Principal  
Institute of Nursing Education and  
Research

## Organising Secretary



**Dr. Mayank Gupta**  
Associate Professor  
Dept. of Anaesthesiology



**Pain relief and palliative  
care is our fundamental  
human right.**



# CIPLA Foundation & ICMR Capacity Building Program in Palliative Care

in association with

**End-of-Life Nursing Education  
Consortium (ELNEC)**

for

**Healthcare Providers**



29th, 30th November & 1st  
December 2024



9 am - 5 pm



Conference Hall 2, AIIMS  
Bathinda

Organised by

**Department of Anaesthesiology and Institute of  
Nursing Education & Research (INER)  
AIIMS Bathinda**



## Day 1 - Friday (29-11-2024)

9:00 - 9:30 Registration and Pretest



9:30 - 10:00 Introduction,  
Questionnaires, ELNEC and copyright

10:00 - 11:00 Palliative Care Nursing

11:00 - 11:30 Inauguration



Tea Break

11:30 - 12:00 Pain Management

12:00 - 1:15 Communication

1:15 - 2:00 Lunch

2:00 - 3:00 Ethical issues, 4 Box  
Exercise (a case from each group)



3:00 - 3:15 Tea Break

3:15 - 4:00 4 Box Exercise (continued)



## Day 2 - Saturday (30-11-2024)

9:00 - 9:45 Review

9:45 - 10:45 Grief, Loss, Bereavement,



10:45 - 11:00 Tea Break

11:00 - 12:30 Symptom Management

12:30 - 1:15 Care at the time of the  
death - most intimate of encounters

1:15 - 2:00 Lunch

2:00 - 3:00 Communication Lab



3:00 - 3:15 Tea Break

3:15 - 4:00 HPNA, Post Test, Feedback,  
Blessings of the hands, Certificates



## Day 3 - Sunday (01-12-2024)

9:00 - 12:00 Home Care, Bed Side  
Teaching

12:00 - 2:00 Debriefing



## Our Multidisciplinary Team



Dr. Mayank Gupta  
Project Lead

Project Coordinators/Psychologists



Lipsy Garg



Akshdeep Singh

Palliative Care Doctor



Dr. Abhinav Jindal

Nursing Officers



Bhajan Lal



Sandeep Singh



Subhash Choudhary

Medical Social  
Worker



Amandeep Kaur

Oncology Dietician



Amandeep Kaur

Add life to your days, not days to your life.