

ANY QUERIES
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Learn how to
provide comfort and
support

Training Program on Palliative Care

for

COMMUNITY HEALTHCARE
PROVIDERS



18th, 19th & 20th - April 2024

At Auditorium, AIIMS Bathinda



22nd & 23rd - April 2024

Goniana Block, Bathinda

🕒 9 am - 5 pm



in association with



Organizing Team

Patron



Prof. (Dr.) D K Singh

Executive Director
AIIMS, Bathinda

Co-Patrons



Prof. (Dr.) Rajeev Kumar Gupta

Medical Superintendent
AIIMS, Bathinda



Prof. (Dr.) Akhilesh Pathak

Academic Dean
AIIMS, Bathinda

Organizing Chairperson



Prof. (Dr.) Anju Grewal

Professor and HOD
Department of Anaesthesiology and Critical
Care
AIIMS, Bathinda

Scientific Chairperson



Dr. Sapna Marcus Bhatti

Additional Professor
Department of Radiation Oncology
AIIMS, Bathinda

Organizing Secretary



Dr. Mayank Gupta

Associate Professor
Department of Anaesthesiology and Critical
Care
AIIMS, Bathinda

Organizing Co-Secretary



Dr. Ankita Kankaria

Associate Professor
Department of Community and Family Medicine
AIIMS, Bathinda

Day 1 - Thursday (18-04-2024)

9am -9:30am : Registration and Pretest

9:30 am - 10 am : Inauguration

10am -11am	Icebreaker Baseline assessment of the participants/ Briefing about the project and its need (What's their idea of PC/What are they practicing, Demystifying myths related to cancer)	Dr. Mayank Gupta
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11am-11:30am : Tea Break

11:30 am-1pm	Introduction, Principles and Practice of Palliative Care	Dr. Sushma Bhatnagar
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1pm-2pm : Lunch

2pm- 2:45pm	Communication Skills, Breaking bad news	Dr. Savita Butola
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2:45pm- 3:20pm	Communication Skills : Role play	Dr. Savita Butola, Dr Gaurav Chanana
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3:20pm-3:30pm : Tea Break

3:30pm-4.15pm	Pain assessment and symptom management	Dr Megha Pruthi
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4:15pm-5.00pm	What to report to the doctor/nurse?	Miss Hanife, Mr. Ram Swaroop, Mr. Arvind
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Day 2 - Friday (19-04-2024)

9am -9:30am : Recap Day 1

9:30am -10.30am	Symptom management Part I and II (Gastrointestinal respiratory, urological, neurological and others symptoms)	Dr Gaurav Chanana
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10:30 am-11pm	Demystifying myths related to cancer	Dr Rohit Mahajan
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11am-11:30am : Tea Break

11:30 am-12:15pm	Ethical issues in Palliative care	Dr Megha Pruthi
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12:15pm-1pm	Management of Psychospiritual issues in palliative care	Dr Savita Butola
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1pm-2pm : Lunch

2pm- 2:30pm	Management of Emergencies in Palliative Care	Dr Sapna Marcus Bhatt
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2:30pm- 3pm	How to identify patients in community	Dr Savita Butola
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3pm- 3:20pm	Pediatric palliative care in the community
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3:20pm-3:30pm : Tea Break

3:30pm-4.15pm	Practical training I : Identifying PC needs, history taking and assessment, communicating with the patient and family	Miss Hanife, Mr. Ram Swaroop, Mr. Arvind
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4:15pm-5.00pm	Practical Training- II: Pain assessment and symptom management (role play)	Dr Megha Pruthi
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Day 3 - Saturday (20-04-2024)

9am -9:30am : Recap Day 1 & 2

9:30am -10:30 am	Nursing issues in Palliative Care / Nursing interventions for symptom management in palliative care /Care of Bedridden patient and End of Life Care/Wound care/Lymphedema	Miss Hanife, Mr. Ram Swaroop, Mr. Arvind
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10:30am-11am	End of life care	Dr Gaurav Chanana
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11am-11:30am : Tea Break

11:30 am-12:15pm	Palliative care and symptom management in special population (Pediatrics)	Dr Prashant Chhabra
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12:15pm-12:45pm	Financial schemes available for cancer patients	Dr Ankita Kankaria
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12:45pm-1:15pm	Experiences of home-based palliative care	Dr Rajesh Bansal
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1:15pm-2pm : Lunch

2pm- 3:20 pm	Practical training III: Roles and responsibilities of community health workers	Dr Ankita Kankaria
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3:20pm-3:30pm : Tea Break

3:30pm-4.15pm	What to do and what not to do at home What to carry in home care bag	Miss Hanife, Mr. Ram Swaroop, Mr. Arvind
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4:15pm-5.00pm	End of training assessment and feedback, Post-test and Presentation of certificates
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Field Visit

Day 4 & 5 - Monday (22-04-2024) & Tuesday (23-04-2024)

9:30am -1pm : **Home Care:** Psychosocial history taking, drawing a family chart, Identifying PC needs and local resources available

2:00pm-5.00pm : **Home care :** Field based procedures (conduction interviews, learning how to fill PC assessment sheets and questionnaires)

