



ALL INDIA INSTITUTE OF MEDICAL SCIENCES BATHINDA

अखिल भारतीय आयुर्विज्ञान संस्थान (एम्स) बठिंडा

आइए, एक साथ मिलकर करें
1 अक्टूबर, सुबह 10 बजे, 1 घंटे
स्वच्छता के लिए श्रमदान



अपने आस-पास के स्वच्छता कार्यक्रम
से जुड़ने के लिए स्कैन करें या विज़िट करें
swachhatahiseva.com



**Report of Swachhata Hi Seva (SHS) 2023 - Cleanlinessdrive
held on 1st Oct '23, at 10.00 am**

- 1. Name of Event: AIIMS Bathinda, Swachhata Hi Seva (SHS) 2023.**
- 2. Event Co-Ordinator: Col. Rajeev Sen Roy, Deputy Director (Administration), AIIMS Bathinda. Phone No: 9840343185**
- 3. Site: Lal Singh Basti, Bathinda**
- 4. Details of Site: Lal Singh Basti, Bathinda around 100 square yards.**
- 5. Number of participants/ volunteers/ shramsevak: 232 members. Involvement of the Director, faculty, staff, and students of AIIMS Bathinda along with the municipal councilor and the local population of Lal Singh Basti, Bathinda**
- 6. Output: 1) Cleanliness of Ward No 21, area near Railway gate, Hari Nagar, Lal Singh Basti 2) Awareness program about the importance of cleanliness through nukkad natak and awareness rally 3) Plantation near railway gate and urban health training centre, Lal Singh Basti 4) Awareness talk about Menstrual cup usage and distribution of menstrual cups among community health workers**
- 7. Timeline for 01st October, 2023**

09:30 A.M.	Assembly of participants/ volunteers
09:45 A.M.	Swachhta Pledge by all participants
10:00 A.M.	Start of Cleanliness Drive
10:30 A.M.	Nukkad Natak followed by a Rally to sensitize the people about cleanliness
10:45 A.M.	Plantation near the railway gate and urban health training center, Lal Singh Bast
11:00 A.M.	Felicitation of the Community Health Workers and Distribution of Menstrual Cups
11:15 A.M.	Culmination of the Cleanliness drive with a Vote of Thanks and refreshments for the participants/ volunteers
11:30 A.M.	Disposal of waste materials - Transportation of thecollected garbage to the designated points for solidwaste management.

Cleanliness Drive





Before



After





Before



After

Plantation



Awareness through Nukkad Natak



Awareness through Rally



Awareness Session on Menstrual Cup Use

 **मासिक धर्म कप के उपयोग के बारे में जागरूकता सत्र**
ਮਾਹਵਾਰੀ ਕੱਪ ਦੇ ਉਪਯੋਗ ਬਾਰੇ ਜਾਗਰੂਕਤਾ ਕੈਂਪ
एक सुरक्षित, सुविधाजनक, किफायती और पर्यावरण-अनुकूल



मासिक धर्म स्वच्छता पद्धति
ਸ਼ਾਮੁਦਾਇਕ ਅਵਾਂ ਪਾਰਿਵਾਰਿਕ ਚਿਕਿਤਸਾ ਵਿਭਾਗ
ਕਮਿਊਨਿਟੀ ਅਤੇ ਪਰਿਵਾਰਿਕ ਚਿਕਿਤਸਾ ਵਿਭਾਗ
ਅਖਿਲ ਭਾਰਤੀ ਆਯੁਰਵਿਗਿਆਨ ਸੰਸਥਾਨ, ਬਠਿੰਡਾ

