





#### XXV Annual Conference of NZ-IAPSM North Zone chapter of Indian Association of Preventive and Social Medicine 10th-11th December 2022

Organized by: Department of Community and Family Medicine All India Institute of Medical Sciences Bathinda, Punjab email: cmecfmaiimsbti@gmail.com; Phone Number: 0164-286-7680

### Agenda of the Pre-Conference Workshop (December 9th, 2022) Hall A: Exploring Nutrition for Disease resilience











Pre-conference CME on

### **Exploring Nutrition for Disease Resilience**

25th Annual Conference of North Zone chapter

Indian Association of Preventive and Social Medicine (NZ-IAPSM) **Community and Family Medicine** All India Institute of Medical Sciences, Bhatinda, Punjab





(Professor) Institute of Liver & Biliary Sciences, New Delhi





Mr. D Thyagin Menon (Advisor) MIHM, Bhatinda

Chairperson



Dr. Rakesh Kakkar (Professor & Head) Community and Family Medicine, AIIMS Bhatinda



Dr. Vikas Nanda (Professor) Department of Food Engineering, SLIET Longwal



(Addl. Professor) **Center for Community** Medicine, AIIMS, New Delhi



Dr. Shweta Khandelwal (Head-Nutrition Research & Add. Professor) PHFI, New Delhi



Dr. Poonam Khanna (Assoc. Professor) (Convener) DCM & SPH, PGIMER, Chandigarh



Mrs. Ravneet Kaur **Director, FDA LABs** Mohali



Chef Vikas Chawla **Core hospitality Solutions** Mohali

#### Organising Team







Mode: Offline

Venue: AIIMS, Bhatinda

### Working Professional: 1500 INR

Students: 1000 INR Date: 9th December 2022

Time: 10:00 AM

suposhanpgi@gmail.com, 8700055011







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### Hall B: Systematic review and Meta analysis.

# Expert: Dr. Tarun Goyal, Additional Professor, Department of Orthopedics, AIIMS Bathinda







#### 25th NZ IAPSMCON 2022

Department of Community and Family Medicine All India Institute of Medical Sciences Bathinda Punjab

#### Pre-conference Workshop (9<sup>th</sup> Dec 2022) Hands-on workshop on Systematic Review and Meta-analysis

#### **Our Experts**



Dr. Tarun Goyal, Additional Professor of Orthopedics, AIIMS Bathinda



Dr. Rachna Rohilla Assistant Professor of Pharmacology, AIIMS Bathinda

#### Organizing Team

Prof. Rakesh Kakkar Organizing Chairperson, Prof and Head Deptt of CFM, AIIMS Bathinda

Dr. Ramnika AggarwaL

Dr. Ankita Kankaria

Dr. Madhur Verma

Dr. Soumya Swaroop Sahoo

Basics of Systematic reviews & Meta-analysis 09:00 -9:20 How to choose a research question for a Systematic review & Meta-analysis. (Presentation: 15 min 09:20 -10:00 Activity: 25 min) How to do 'literature search' based on the research 10:00 -10:30 question. (Presentation: 15 min, Activity: 15 min) Protocol registration in PROSPERO (Group exercise) 10:30-11:00 Break п:00-п:15 Data extraction for systematic reviews & meta-analysis 11:15-11:45 as per the research question & protocol Qualitative assessment & Risk of bias tools (NOS/QUIPS/ROB etc.,) 11:45-12:45 Installation of RevMan Discussion & Assignment Quantitative analysis using RevMan 12:45-14:00 14:00-14:30 Lunch Break Meta-analytic models Interpretation of Meta-analytic results Heterogeneity, Forest plots & Funnel plots 14:30-15:30 Sub-group & sensitivity analysis Hands-on Individual/Group activity on performing a meta-analysis and constructing the forest & funnel 15:30-16:30 Interpretation of results Awarded 4 PMC Credit Hours.

First come first serve basis (25 seats) Registration fees: 500 INR. on spot.







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### Hall C: Leadership in Public Health.

Expert: Dr. Archisman Mohapatra, Director, GRID council, New Delhi.





### **25th Annual Conference of North Zone Chapter**

Indian Association of Preventive and Social Medicine

9th December 2022 AIIMS Bathinda, Punjab

## Attend Pre-Conference Workshop



DR
SONU GOEL
Professor. Department
Community Medicine
and School of Public Health,
PGIMER, Chandigarh



DR SUNEELA GARG Chair, Program Advisory Committee NIHFW and member Lancet Commision



SANJIV KUMAR
Chairperson
3Domain Leadership
Foundation



DR
ARCHISMAN
Executive Director
GRID Council

### **Leadership Skills in Community Medicine**

Time: 2PM - 5 PM

Venue: AIIMS, Bathinda, Punjab









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## Agenda of the conference (Dec 10, 11<sup>th</sup>, 2022)

Day 1: 10-12-2022				
Timing	Session	Speaker	Chair	
9:00 am - 9:20 am	Registration			
9:20 am -10:00 am	Plenary Session -1 Discussion on	Prof. Arun Aggarwal (Professor & Head, DCM & SPH,	Prof. Harivansh Chopra (President, IAPSM)	
	improving	PGIMER, Chandigarh)	Prof. Anupam Parashar (Professor & Head,	
	Academics in the Community	Prof. Suneela Garg (Professor &	CFM, AIIMS Bilaspur)	
	Medicine	Head, Community Medicine		
	discipline	MAMC, New Delhi)	Moderator: Dr Ankita Kankaria	
	discipline	White, New Benny	(Assistant Professor, CFM, AIIMS Bathinda)	
		Field Epidemiologist (IHCI)		
10.00 am -11.20 am	Inaugural session			
		nference chairperson		
		Velcome Address by the Chief Guest: Dr. D.K.Singh, Executive Director & CEO, AIIMS Bathinda		
			h Gupta IAS, Joint Secretary, Office of the	
High Tea (11:20 am	president of India, New Delhi High Tea (11:20 am -11:40 am)			
11:40 am -12:10 pm	Dr YL	Prof. Sarit Sharma (Professor,	Prof. Sunder Lal (Former, HOD, PGIMS	
11.40 am -12.10 pm	Vasudeva	Community Medicine, DMC	Rohtak, MMIMSR, President IAPSM)	
	Oration	Ludhiana)	Trontain, Trivillate, Tresident Ir it Sivily	
		,	Prof. Priyanka Devgun (Professor & Head,	
			Community Medicine	
			SGRD, Sri Amritsar)	
			Prof. Rakesh Bahl (Secretary NZIAPSM, GMC, Jammu)	
12:10 pm -12:50 pm	Plenary Session	Prof. Umesh Kapil (Secretary,	Prof. Meena Rajput (Professor, Community	
12.10 pm 12.50 pm	-2	National Academy of Medical	Medicine, PGIMS, Rohtak)	
	NCD	Sciences, India)	11100101110, 1 011112, 1101111111	
		Prof. Suneela Garg (Professor &	Prof. Rakesh Kakkar (Professor, CFM,	
		Head, Community Medicine	AIIMS Bathinda)	
		MAMC, New Delhi)		
		D C V. 1 C C C	Prof. Sanjeev Mahajan (Professor & Head,	
		Prof. Vinayak Sonawane (Senior	Community Medicine, GMC, Amritsar)	
		Manager, Health Vertical, Ambuja Cement Foundation)		
		Amouja Cement Foundation)		







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12:50 pm-1:30 pm	Plenary Session -3 Neglected tropical diseases	Dr. Niraj Dhingra (Public Health Specialist and former director, NVBDCP and DDG, NACO, India)  Dr. Harivansh Chopra (President, IAPSM)	Prof. Sanjay Jha (Professor and HOD, Community Medicine, BPS Khanpur Kala, Sonipat)  Moderator: Dr. Amresh Kumar (Dy. Director, NTD, PATH)
Lunch Break (1:30 pr	m - 2:00 pm)		
2:00pm - 2.40 pm	Plenary Session 4-Anemia Mukt Bharat	Dr. Ravneet Kaur (Additional Professor, CCM, AlIMS, New Delhi) Dr. Mohan Bairwa (Assistant Professor, CCM, AlIMS, New Delhi)	Dr. Archisman Mohapatra (Director, GRID council, New Delhi)  Prof. Jayanti Semwal (Professor and HOD, Community Medicine, Himalayan Institute of Medical Sciences, Uttarakhand)  Prof. Pawan Goel (Professor and HOD Community Medicine
2.40	DI G	D D 111 W (G :	SHKM, Mewat)
2:40 pm -3:20 pm	Plenary Session - 5 Hypertension	Dr. Prabhdeep Kaur (Senior Scientist F, NIE, Chennai)  Dr. Bhupinder Singh (Additional Professor, Cardiology, AIIMS Bathinda)  Dr. Sandeep Gill, State Program Officer, NPCDCS, Punjab	Prof. Umesh Kapil (Secretary, National Academy of Medical Sciences, India)  Prof. Purushottam Giri (Secretary General, IAPSM)  Prof. Varun Arora (Professor, Community Medicine, PGIMS, Rohtak)
Tea Break (3:20 pm -	3:30 pm)		
3:30 pm- 4:10 pm	Plenary Session  - 6  Health System Preparedness with "Hub and Spoke Model": Perspective from USAID-RISE Project	Dr. Shashi Kant Dhir (Head and Professor, Pediatrics, GGSMC&H Faridkot)  Dr. Vineet Kumar Shrivastava, (Chief of Party USAID-RISE)  Dr. Shailendra Singh Tomar, (Regional Team Lead, USAID-RISE)  Dr. Ekta Bhagat (State Technical Officer, Health System Strengthening, USAID-RISE)	Prof. Surekha Kishore, Director and CEO, AIIMS Gorakhpur  Prof. Madhu Gupta (Professor, DCM & SPH, PGIMER, Chandigarh)  Dr. Rajesh Bhaskar (State Tuberculosis Officer, Punjab)  Moderator: Prof. Varun Arora (Professor, Community Medicine, PGIMS, Rohtak)
4:10 pm-5:10 pm	Oral paper session	Hall A	Prof. Simmi Oberoi, (Professor and Head, Community Medicine, GMC, Patiala)







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			Prof. Mahesh Satija (Professor, Community Medicine, DMC, Ludhiana)
	Best Practices Award session and Best Thesis	Hall B	Prof. Sanjeev Mahajan (Professor & Head, Community Medicine, GMC, Amritsar)  Prof. Anita Punia (Professor, Community Medicine, BPS Khanpur Kala, Sonipat)
	e-Posters presentation	CFM Dept, Medical College	Dr. Abhilash Sood (Professor, Community Medicine, Dr. Radhakrishnan Government Medical College, Hamirpur)
			Dr. Preeti Padda (Associate Professor, Community Medicine, GMC, Amritsar)
			Dr. Deepshikha (Associate Professor, Community Medicine, Himalayan Institute of Medical Sciences, Uttarakhand)
			Dr. Shyam Mehra (Associate Professor Community Medicine, Adesh Institute of Medical Sciences, Bathinda)
5.10 pm-6.10 pm	NZ IAPSM General Body Meeting Hall A		
Cultural evening & Banquet (7.30 pm onwards)			







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Day 2 (11-12-2022)			
Timing	Session	Speaker	Chair
8:30 am –	Hands-on session on Community CPR		
9:00 am	Organizing Team		
9:00 am - 10:00 am	PG quiz	Coordinator: Dr. Monica Kakkar (Additional Professor, Biochemistry, AIIMS Bathinda)  Dr. Pragyan Parija (Assistant Professor, CFM, AIIMS Jammu)  Dr. Soumya Swaroop Sahoo (Assistant Professor, CFM, AIIMS Bathinda)	Prof. Sanjay Gupta (Professor and HOD Community Medicine, GGSMCH. Faridkot)  Prof. Tanvir Kaur Sidhu (Professor and HOD, Community Medicine, Adesh Institute of Medical Sciences, Bathinda)
10:00 am - 10:50 am	Plenary Session 7-Obesity	Dr. Sanjay Kalra (Consultant Endocrinologist, Bharti Hospital, Karnal; President-elect, South Asian Federation of Endocrine Societies)  Dr. Atul Dhingra (Endocrinologist, Sri Ganganagar)	Dr. Meenakshi Kalhan (Professor, Community Medicine, PGIMS Rohtak)  Prof. Shavinder Singh (Professor, Community Medicine, CMC, Ludhiana)
Tea (10:50 d	am -11:10 am)		
11:10 am 12:00 pm	Plenary Session 8 - National Health Program on Mission mode	Dr. Ashoo Grover (Scientist F, ICMR, New Delhi)	Prof. Clarence Samuel (Professor and HOD, Community Medicine, CMC, Ludhiana)  Prof. Harpreet Kaur (Professor, Community Medicine, SGRD, Amritsar)
12:00 pm- 12:50 pm	Plenary Session 9-Diabetes	Dr. Mudita Dhingra (Pediatric Endocrinologist, Kurukshetra)  Dr. Shweta Bansal (Endocrinologist, Bathinda)  Dr. Shivani Sadana (Assistant Professor, Endocrinology, AIIMS Bathinda)	Prof. Mahesh Satija (Professor, Community Medicine, DMC, Ludhiana)  Prof. Paramita Sengupta (Professor and HOD, CFM, AIIMS Kalyani)







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12:50 pm – 1:50 pm	Plenary Session - 10 Tuberculosis Preventive therapy and Updates in NTEP	Dr. Ashok Bhardwaj (Chairman, National Task Force, Central TB Division)  Dr. Pooja Kapoor (WHO Consultant, NTEP Punjab)	Dr. Rajesh Bhaskar (State Tuberculosis Officer, Punjab)  Dr. R. B. Jain (Professor & Head, Community Medicine, PGIMS, Rohtak)  Prof. Sarit Sharma (Professor, Community Medicine, DMC	
1:50 pm -	Valedictory	Best Thesis, Best UG Research award,	Ludhiana) Dr. Harivansh Chopra (President,	
2:30 pm	Session	Quiz Winner	IAPSM)	
			Dr. Purushottam Giri (Secretary General, IAPSM)	
Lunch (2:30	Lunch (2:30 pm-3:30 pm)			