World Hospice and Palliative Care Day Celebration at AIIMS, Bathinda

Leaving No one Behind

World Hospice and Palliative Care Day (WHPCD) is the day to apprise every one of the importance of palliative care for those with Life limiting illnesses. Its ubiquitous need irrespective of the diagnosis, age, sex, race or culture is well reflected by this year WHPCD theme "Leave no-one behind - equity in access to palliative care". Joining hands with the fellow palliative care community worldwide, All India Institute of Medical Sciences Bathinda celebrated WHPCD 2021 with great enthusiasm. The event emphasizing the importance of palliative care, symptom management, meditation, yoga and nutrition alongside disease directed therapy to the cancer patients; was organized by Dr. Mayank Gupta and Dr Nikhil Garg (Organizing Chairperson) and Dr. Geegal Pruthi, Dr Navneh Samagh and Dr Jaspreet Sing Shergill (Organizing secretaries). Patients were deeply motivated by words of wisdom by the Dean and Additional MS Prof. (Dr.) Satish Gupta, experience sharing by cancer survivors and how positive attitude helped latter during their cancer journey. Everyone including doctors, students and cancer patients felt being engulfed by a peaceful and calming aura following a joint meditation session demonstrated by the MBBS students of AIIMS Bathinda. Ample opportunity to share their thoughts, concerns and stories was well utilized and appreciated by the people. The event helped everyone realize that palliative Care is "Everyone's Right, Everyone's responsibility". The celebrations culminated with distribution of gifts. Reflecting back, awareness and sensitization sessions need to be more frequent to realize the far flung but achievable dream of "Leaving no one behind"











